



SEPTEMBER 2024



Sept 1

9:00am Sunrise Scripture
 9:15am Chair Yoga
 10:00am Praise & Worship Sing Along
 11:00am 1 on 1's
 1:30pm Twister/Bean Bag Toss
 2:00pm Church
 3:00pm Movie/Music

Sept 2

Labor Day
 9:00am Sunrise Scripture
 9:15am Chair Exercise
 10:00am Corn Hole
 11:00am Patriotic Songs
 1:30pm Ball Toss
 2:00pm Labor/Jobs Trivia
 3:00pm Movie/Symphony Music

Sept 3

9:00am Sunrise Scripture
 9:15am Chair Yoga
 10:00am Back to School Memories
 11:00am 1 on 1's
 1:15pm Cornhole
 2:00pm Lora & Friends Karaoke
 3:00pm Movie/ Music

Sept 4

Antonia "Cookie" J. Birthday
 9:00am Sunrise Scripture
 9:15am Chair Exercise
 10:00am Twister Bean Bag Toss
 11:00am 1 on 1's
 2:00pm Puzzles & Pretzel - AR
 3:00pm Movie/Jazz Instrumental Music

Sept 5

Sara M Birthday
 9:00am Gardening
 9:15am Chair Yoga
 10:00am Crafting Corner - AR
 11:15am 1 on 1's
 1:30pm BINGO AR
 2:30pm Trivia
 3:00pm Movie/Music

Sept 6

9:00am Sunrise Scripture
 9:15am Chair Exercise
 10:00am Twister/Bean Bag Toss
 11:00am 1 on 1's
 1:15pm Fri-Yah Floats - AR
 2:30pm Movie/ Western

Sept 7

9:00am Sunrise Scripture
 9:15am Chair Yoga
 10:00am Art with Mary - AR
 11:00am 1 on 1's
 1:30pm BINGO - AR
 3:00pm Movie/Music

Sept 8

Grandparent's Day/ Start National Assisted Living Week
 9:00am Sunrise Scripture
 9:15am Chair Exercise
 10:00am Checkers/Chess & Chat - AR
 11:00am 1 on 1's
 1:00PM Target Toss Across
 2:00pm Church
 3:00pm Movie/Music

Sept 9

Crazy Socks Day
 9:00am Gardening
 9:15am Chair Yoga
 10:00am David Smith - Music
 1:30pm Vista's - Guitar Music
 3:00pm Movie/Music Disney

Sept 10

Inside Out Day
 9:00am Sunrise Scripture
 9:15am Chair Exercise
 10:00am Cornhole
 1:00pm Trivia
 2:00pm Ralph & Therapy Dog - Harley
 2:30pm Lora & Friends Karaoke
 3:30pm Movie/Music

Sept 11

Patriots Day- Red, White, & Blue
 9:15am Chair Yoga
 10:00am Sharing Laughter - AR
 11:00am 1 on 1's
 1:15pm Target Toss
 2:00pm Name That Show Tune
 3:00pm Movie/Music

Sept 12

Team Jersey Day
 9:00am Gardening
 9:15am Chair Exercise
 10:00am Football Trivia
 11:00am College Team Fights Songs
 1:30pm Football Tailgate Gathering -STAFF & RESIDENTS - AR

Sept 13

Wear Purple for Alzheimer's Awareness
 9:00am Sunrise Scripture
 9:15am Chair Yoga
 10:00am Target Toss
 10:45am Pampering - AR
 2:00pm Therapy Dog- Tuli & friends
 3:00pm Movie/Music

Sept 14

Tie Dye Day
 9:00am Sunrise Scripture
 9:15am Chair Exercise
 10:00am Crafting Corner - AR
 1:30pm Card Games - AR
 3:00pm FAIDUS Church

Sept 15

9:00am Sunrise Scripture
 9:15am Chair Yoga
 10:00am Seventh Day Adventist Church
 1:00pm Twister Bean Bag Toss
 2:00pm Church
 3:00pm Movie/Music

Sept 16

9:00am Gardening
 9:15am Chair Exercise
 10:00am Mod Podge Crafting - AR
 1:30pm Vista's Guitar Music
 3:00pm Movie/ Country Music

Sept 17

International Country Music Day
 9:00am Sunrise Scripture
 9:15 am Chair Yoga
 10:00am Western Bandannas & Western Trivia
 2:00pm Lora & Friends - Karaoke
 3:00pm Movie/Music

Sept 18

9:15am Sunrise Scripture
 9:30am Chair Exercise
 10:00am Pen Pals - AR
 1:00 - 3:00pm Rose & Bert Sing Along
 3:00pm Movie/ Oldies Music

Sept 19

National Butterscotch Pudding Day
 9:00am Sunrise Scripture
 9:15am Chair Yoga
 10:00am Cards- Old Maid, Go Fish, Uno - AR
 11:00am 1 on 1's
 1:30pm Make Butterscotch Pudding Party - AR
 3:00pm Movie/Music

Sept 20

9:00am Sunrise Scripture
 9:15am Chair Exercise
 10:00am Twister/ Bean Bag Toss
 11:00am Family Feud
 1:00pm Courtyard Chatter - CY
 3:00pm Movie/Swing Music

Sept 21

World Gratitude Day
 9:00am Sunrise Scripture
 9:15am Chair Yoga
 10:00am Art with Mary- AR
 1:00pm Gratitude Gala - AR
 3:00pm Movie/Music

Sept 22

9:00am Sunrise Scripture
 9:15am Chair Exercise
 10:00am Praise & Worship Karaoke
 11:00am 1 on 1's
 2:00pm Church
 3:00pm Movie/ Music

Sept 23

9:00am Sunrise Scripture
 9:15am Chair Yoga
 10:00am Pampering - AR
 11:00am 1 on 1's
 1:30pm Vista's Guitar Music
 3:00pm Movie/Soft Rock Music

Sept 24

9:00am Sunrise Scripture
 9:15am Chair Exercise
 10:00am Cornhole
 11:00am 1 on 1's
 2:00pm Lora & Friends Karaoke
 3:00pm Movie/Music

Sept 25

National Cooking Day
 9:00am Sunrise Scripture
 9:15am Chair Yoga
 10:00am Find Favorite Recipes/ Make a Cookbook
 11:00am Food Trivia
 1:30pm Cookie Decorating - AR
 3:00pm Movie/Old Time Gospel

Sept 26

9:00am Gardening
 9:15am Chair Exercise
 10:00am Crafting Corner - Scrap-booking - AR
 1:45pm Monthly Birthday Celebration - AR
 3:00pm Movie/Music

Sept 27

9:00am Sunrise Scripture
 9:15am Chair Yoga
 10:00am Target Toss
 11:00am 1 on 1's
 1:15pm Courtyard Chatter - Bubble Blowing Contest - CY
 2:00pm Therapy Dog- Tuli & Friends
 3:00pm Movie/Music

Sept 28

9:00am Sunrise Scripture
 9:15am Chair Exercise
 10:00am Puzzles & Punch - AR
 1:15pm BINGO - AR
 3:00pm FAIDUS Church

Sept 29

National Coffee Day
 9:00am Sunrise Scripture
 9:15am Chair Yoga
 10:00am Old Fashion Hymn Sing
 11:00am Old Testament Trivia
 2:00pm Church
 3:00pm Movie/Music

Sept 30

9:00am Gardening
 9:15am Chair Exercise
 10:00am Pampering- AR
 1:15pm Ring Toss
 2:00pm Name That Tune
 2:45pm Movie/Music

NATIONAL ASSISTED LIVING WEEK
SEPTEMBER 8TH - 14TH

AR = Activities Room
CY = Courtyard

ALL ACTIVITIES ARE SUBJECT TO CHANGE



The Manor at Lake Jackson
Memory Care