

The MANOR AT LAKE JACKSON

January 2023

1/1

9:30 - Exercising
10:30 - Coffee & News
11:00 - One on One
2:00 - Church
2:30 - Snack & Chat
3:00 - Movie

1/2

9:30 - Exercises
10:30 - Ball Toss
11:00 - One on One
1:30 - Bingo
2:30 - Snack & Chat
3:00 - Movie

1/3

9:30 - Exercises
10:30 - Lora & Friends
11:00 - One on One
1:30 - Puzzle Time
2:30 - Snack & Chat
3:00 - Movie

1/4

9:30 - Exercises
10:30 - Chair Dancing
11:00 - Game Time
1:30 - Puzzle Time
2:30 - Snack & Chat
3:00 - Movie

1/5

9:30 - Exercises
10:30 - Chair Dancing
11:00 - One on One
1:30 - Game Time
2:30 - Snack & Chat
3:30 - Movie

1/6

9:30 - Exercises
10:00 - Music w/ Jeannie
11:00 - One on One
1:30 - Pretty Nails
2:30 - Snack & Chat
3:00 - Movie

1/7

9:30 - Exercises
10:30 - Morning Stroll
11:00 - One on One
1:30 - Game Time
2/30 - Snack & Chat
3:00 - Movie

1/8

9:30 - Exercises
10:00 - Chair Dancing
11:00 - One on One
2:00 - Church
2:30 - Movie

1/9

9:30 - Exercises
10:30 - Visit w/ Tashi
11:00 - Reminiscing
1:30 - Garden Walk
2:00 - Puzzle Time
2:30 - Snack & Chat
3:00 - Movie

1/10

9:30 - Exercises
10:00 - Ball Toss
11:00 - One on One
2:00 - Music w/ Lora
2:30 - Snack & Chat
3:00 - Movie

1/11

9:30 - Exercises
10:30 - Game Time
1:30 - Music w/ Jim
2:30 - Monthly Birthdays
3:30 - Cake & Dancing

1/12

9:30 - Exercises
10:00 - Ball Toss
11:00 - One on One
1:30 - Puzzle Time
2:30 - Snack & Chat
3:00 - Movie

1/13

9:30 - Exercises
10:00 - Music w/ Jeannie
11:00 - One on One
2:00 - Pretty Nails
2:30 - Snack & Chat
3:00 - Movie

1/14

9:30 - Exercises
10:30 - Mary Art
11:00 - One on One
1:30 - Puzzle Time
2:30 - Snack & Chat
3:00 - Movie

1/15

9:30 - Exercises
10:00 - Church
11:00 - One on One
2:00 - Church
2:30 - Snack & Chat
3:30 - Movie

1/16

9:30 - Exercises
10:00 - Chair Dancing
11:00 - One on One
1:30 - Court Yard Walk
2:30 - Snack & Chat
3:00 - Movie

1/17

9:30 - Exercises
10:00 - Game Time
11:00 - One on One
1:30 - Puzzle Time
2:30 - Snack & Chat
3:00 - Movie

1/18

9:30 - Exercises
10:30 - Game Time
11:00 - Pretty Nails
1:30 - Bingo
2:30 - Snack & Chat
3:30 - Movie

1/19

9:30 - Exercises
10:30 - Chair Dancing
11:30 - Veteran's Lunch
2:00 - Music w/ Judi
3:00 - Movie

1/20

9:30 - Exercises
10:00 - Music w/ Jeannie
11:00 - One on One
2:00 - Games
2:30 - Snack & Chat
3:00 - Movie

1/21

9:30 - Exercises
10:00 - Chair Dancing
11:00 - One on One
1:30 - Puzzle Time
2:30 - Snack & Chat
3:00 - Movie

1/22

9:30 - Exercises
10:00 - Coffee & News
11:00 - One on One
2:00 - Church
3:00 - Movie & Snack

1/23

9:30 - Exercises
10:00 - Music w/ David
11:00 - One on One
1:30 - Two Cents Game
2:30 - Snack & Chat
3:00 - Movie

1/24

9:30 - Exercises
10:00 - Chair Dancing
11:00 - One on One
2:00 - Music w/ Lora
3:00 - Snack & Chat
3:30 - Movie

1/25

9:30 - Exercises
10:30 - Game Time
11:00 - One on One
1:30 - Puzzle Time
2:30 - Snack & Chat
3:00 - Movie

1/26

9:30 - Exercises
10:00 - Ball Toss
11:00 One on One
2:00 - Music w/ Dan
3:00 - Snack & Chat
3:30 - Movie

1/27

9:30 - Exercises
10:00 - Music w/ Jeannie
11:00 - One on One
2:00 - Pretty Nails
2:30 - Snack & Chat
3:00 - Movie

1/28

9:30 - Exercises
10:00 - Mary Art
11:00 - One on One
1:30 - Puzzle Time
2:30 - Snack & Chat
3:00 - Movie

1/29

9:30 - Exercises
10:00 - Word Games
11:00 - One on One
2:00 - Church
3:00 - Snack & Chat
3:30 - Movie

1/30

9:30 - Exercises
10:30 - Chair Dancing
11:00 - One on One
1:30 - Snack & Chat
2:00 - Music w/ Lora
3:00 - Movie

1/31

9:30 - Exercises
10:00 - Ball Toss
11:00 - One on One
1:30 - Word Games
2:30 - Snack & Chat
3:00 - Movie

